



Zucchini Slice



Makes 8 slices

Ingredients

- 6 eggs
- 4 spring onions
- 2 medium zucchinis
- 1 large carrot
- ½ cup reduced fat cheese
- 100g reduced fat feta cheese
- 2 tablespoons plain flour
- Spray oil



Method

1. Preheat oven to 180°C.
2. Chop spring onions.
3. Grate zucchinis, carrot and cheese. Crumble feta.
4. In a large bowl lightly whisk the eggs. Add the remaining ingredients to the bowl and mix through.
5. Lightly spray baking dish with spray oil. Transfer mixture into the baking dish.
6. Bake in oven for 40 - 45 minutes or until browned.
7. Cut into 8 slices and serve warm or cold.